

Fluoride Mouth Rinse Program - Annual Information for Parents

The fluoride mouth rinse program offered at school will continue this year. The use of fluoride is one of the best ways to prevent cavities. Your child may safely rinse with fluoride even if he or she is getting fluoride from other sources. If you have any questions or concerns about your child participating, you are encouraged to discuss this with your child's dentist. The permission form you signed when your child entered school will be kept in your child's permanent record. Your child will rinse once each week if you have given permission. If you want to change the permission form, please send a signed written note to school asking for a change. With your help and support, your child will have better oral health.

Fluoride mouth rinse is a topical application of fluoride that helps strengthen the outside surfaces of the teeth. This fluoride mouth rinse program is not meant as a substitute for any other fluoride your child may be getting. The benefits of the fluoride mouth rinse program are in addition to benefits received from drinking fluoridated water, fluoride toothpaste, and receiving fluoride applications in the dental office. This program will help improve the dental health of your child, although it will not take the place of regular dental check-ups and proper tooth care at home.