

Area Counseling Resources

All Agencies will take insurance/Badger Care and many have a **Sliding Scale Fee** system to help families. Contact your insurance provider/program to determine which agency is covered.

WASHBURN COUNTY MENTAL HEALTH & AODA CRISIS LINE: 1-888-552-6642 –
24/7 access to mental health professional

****agency professionals can meet with students at school per agreement with SASD**

1. ****Aurora/Access Counseling** – W4851 Hwy 63 Spooner WI
(715)635-4858 www.auroraservices.com
2. ****Anchor Bay Counseling** - 329 S. River St. #301 Spooner WI
(715) 939 – 1393 <http://www.anchorbaycounseling.com/>
3. ****Superior Counseling LLC** – Spooner and Hayward (715)416-1381
4. ****Soar Counseling** – 246 Industrial Blvd Shell Lake WI
(715)468-2841 <http://soar-etherapy.com/>
5. ****Embrace – (domestic and sexual assault/violence advocacy)** 11 5th Ave Shell Lake, WI
54871 (715)635-5245 Crisis Line: text 715-532-6976 or call 800-924-0556
6. ****Washburn County Human Services** – Community Service Programs
CCS and CCF Coordinator – Laura Braenne – (715)468-4747
7. **Northlakes Community Clinic** – 600 Shell Creek Rd Minong (715) 466-2201
<http://northlakesclinic.org/minong-clinic/>
8. **Marriage and Family Services** – 105 West Ave Rice Lake WI
(715)736-5437 <http://www.marriageandfamilyhealthservices.com/index.html>
9. **Lakeland Family Resources** – (715)635-4669
10. **Rays of Clarity Counseling** - 819 Ash Street Spooner, WI (715)939-1266 (phone)

Alcohol and Other Drugs:

- Alcoholics Anonymous (AA) – Membership is open to anyone who wants to do something about his or her drinking problem. District 23 Help Line Phone Number 715-931-8262 <http://www.area74.org/district23.pdf>
- Narcotics Anonymous (NA) - Recovering addicts who meet to help one another stay clean. No fees. Only requirement is a desire to stop using.
 - Tuesday 8:00 pm -704 River Street Spooner; Wednesday 7:00 pm -200 6th Street Shell Lake; Sunday 6:00 pm - Shell Lake Alano Club 202 6th Avenue Shell Lake
- Al-Anon – A program with the single purpose of helping families and friends of alcoholics, whether the alcoholic is still drinking or not. email: drdistrict20@area61afg.org;
 - Monday 7:00 pm: Courage To Change Shell Lake Alano Club 202 6th Ave Shell Lake, WI; Thursday 7:00 pm: Three C's Shell Lake Alano Club 202 6th Ave Shell Lake, WI;
- AlaTeen – Alateen is a fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking <http://www.area61afg.org/what-is-al-anon/what-is-alateen/>
 - See Mrs. Meyers about joining SWAP Group (Students with Addicted Parents) – we meet weekly
- Families Anonymous - a 12 Step fellowship for the families and friends who have known a feeling of desperation concerning the destructive behavior of someone very near to them, whether caused by drugs, alcohol, or related behavioral problems.
 - <http://www.familiesanonymous.org>
 - local group to be formed soon