

## Before & After School Registration Spooner Middle School 2023/24

Student's Name:	Grade:	School Attending:		
Circle the clubs you want to attend. Clubs fill quickly! If full, you will be added to a waitlist				

## 4th Quarter - March 18 to May 9, 2024 Morning Clubs 7:00 - 8:00 AM

Monday	Tuesday	Wednesday	Thursday
100 Shot Club Mr. Foley	"Be the Best Me" Fitness Club Mr. Adler	<b>100 Shot Club</b> <i>Mr. Melton</i>	"Be the Best Me" Fitness Club Mr. Adler

## After School Clubs 3:37 - 5:30 PM

Monday	Tuesday	Wednesday	Thursday
Life Skills: Babysitting & More Ms. Bryanna	LEAP (Lakeland Enrichment Activities Program) Mrs. Jess & Ms. Bryanna	<b>Art Club</b> Mrs. Quinton	In Motion Mrs. Grybos
	Chess Club Mr. McMullin	Cooking Club Miss Nikki	Humane Society Club  Mrs. Young
Mountain Bike Club Mr. Crum	Game Club Mr. Crum	Mountain Bike Club Mr. Crum	Game Club Mr. Crum
Tutor Club High School Tutors	Tutor Club High School Tutors	Tutor Club High School Tutors	Tutor Club High School Tutors
		Spooner Health Care Career Club Mr. Smith March 20- May 8	

Return all forms to the Spooner Middle School, 750 Oak St, Spooner, Wi 54801, 715-635-2171, ext. 2114. Please email Sue Burns with questions at <a href="mailto:burnssus@spooner.k12.wi.us">burnssus@spooner.k12.wi.us</a>

Parent/Guardian's Name Printed:	
Parent/Guardian's Signature:	Date:

## **Club Descriptions**

**100 Shot Club** - Students will shoot up to 100 shots first, followed by some open gym time where they can enjoy competition with friends!

**Art Club** - See where your creativity will lead you! Once a week, students will tackle fun art projects and develop new artistic skills.

"Be the Best Me" Fitness Club - Students will rotate through a planned circuit of exercises that will improve coordination, strength, and agility. The students will be coached on improving performance in the exercises, daily nutrition, and making good choices. "The Choices we make, make us!" Metrics like vertical leap, shuttle run speed, and dash time will be monitored.

**Chess Club** - Learn rules and strategies and compete in a fun game of Chess.

**Cooking Club**- Learn the in's and out's of what it takes to be a cook! Students will practice following recipes and learn what is necessary to cook tasty foods.

Spooner Health Career Exploration Club - Have you ever wondered what it's like working in a hospital? What types of careers are available? How do x-ray machines work? What does an occupational therapist do? How many years do you have to go to school to become a nurse? Where does a helicopter land when someone needs help? In this engaging series, you'll have the opportunity to step behind the scenes at Spooner

Health. You'll experience hands-on activities, tour patient care and behind the scenes areas, see medical technology in use, learn from therapists how they help with patient recovery, and find out there's more than meets the eye when thinking about careers in healthcare. Departments that will be part of this career exploration include Rehabilitation Services, Imaging, Surgery, Emergency, Med/Surg, Pharmacy, Patient Accounts, and more.

**Humane Society Club** - Learn how to properly care for animals and clean up after them. Enjoy time petting and playing with different animals and learn about the Washburn County Humane Society.

**In Motion** - Come learn basic tumbling skills with proper form and technique. Each skill learned will progress to the next skill level as students master beginning skills.

**LEAP** - Creating leaders one LEAP at a time through team building and enrichment activities at Lakeland.

**Dirt RAILers Mountain Bike Club** - Whether you are new to trail riding or plan to train for the summer and fall race seasons - sign up today! Strengthen your prior skills, learn the mechanical skills needed to do simple trailside fixes to keep your ride rolling smoothly.

**Tutor Club-** Get support in math, ELA, science, or social studies from our high school tutors.